



It's time to Live Nature Wise

Make a #NaturePact Now →

Hello and welcome to the first week of this year's #NaturePact campaign!

This week's theme is "**Healthy Country, Healthy People**".

As always, we begin each campaign acknowledging the Traditional Owners of the lands we're writing to you from, and First Nations people worldwide, whose knowledge and practice we urgently need to learn from for healthier people, places and planet. We pay our respect and offer gratitude to Elders past, present and those of our shared future.

It is becoming increasingly recognised worldwide that Indigenous people caring for Country have advanced skills in sustainable natural resource management, and that land and waters under Indigenous management have higher rates of conservation success and biodiversity. As a result, we now see Governments and private landowners around the world turning to Traditional land, water and fire management practices in partnership with Traditional Owners.

Why is [Caring for Country](#) so successful?

Could it be that instead of viewing land, fire and water as elements to be controlled, and made as productive and manageable as possible, it is because First Nations people have a different relationship to the natural world? That instead of seeing nature as something separate from them, 'over there, in the wild', these cultures see themselves as an intrinsic part of nature, inseparable from nature – from the stars to the soil to every living thing in between.

At the People and Parks Foundation, we call this recognition that we humans are a part of the natural world, and our need to live sustainably connected with nature as nature, Living Nature Wise.

Living Nature Wise isn't just a nice to have, it's critical for [healthy places and healthy people](#), something First Nations people have known for millennia, and [today's scientists are rapidly rediscovering](#).

As we embark on this year's #NaturePact campaign, acknowledging the ancient wisdom described as 'healthy Country, healthy people', we invite you to cultivate within yourself the sense that **you are in fact nature**. Let's take a collective moment remembering that each one of us is a warm-blooded mammal, a member of the Great Ape family, and that just like every other living thing, we all need healthy habitats to survive and thrive.

This week, as we're fulfilling our NaturePact by intentionally connecting with nature every day, we can exhale and relax, knowing we don't need to try hard to develop a relationship with nature, as it already intrinsically exists.

Alison Hill

Managing Director

[People and Parks Foundation](#)

P.S. Did you know that in 2022, [the United Nations declared it a universal human right for each of us to have access to healthy and thriving nature](#), in other words, for us all to be able to Live Nature Wise. #NatureForAll

P.P.S. Please share with us a picture of that piece of nature that you feel you belong to, that you feel strongly bonded with. Is it a landscape, a tree, or a body of water? Share with us a place in nature where you feel at home. You could win sustainable plant-based prizes from our our Principal #NaturePact Partner, [Koala Eco](#) AND a copy of Dr Dimity William's book, [Nature: Our Medicine](#).



Download our #NaturePact Templates



SOCIAL MEDIA STORY

Download Forest Green



Download Dark Green →



SOCIAL MEDIA POST

Download Forest Green



Download Dark Green →

#NaturePact Giveaway

If you choose to share your experiences connecting with nature with us during September on our socials, you'll have the chance to win sustainable nature-based prizes from our Principal #NaturePact Partner, [Koala Eco](#) and our friend and supporter [Dr Dimity Williams](#).

Access the #NaturePact Giveaway T&Cs [here](#).



Have you made your #NaturePact?

Take action now and help raise awareness.

Make a #NaturePact Now →

#NATUREPACT | @PEOPLEPARKS



We respectfully acknowledge the Traditional Owners of the country throughout Australia and acknowledge the ongoing living culture of Aboriginal people.

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